

Pupil name: _____

Year: _____

Week 1 Menu – 24th Aug/14th Sept/5th Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
Meat option	Margherita Pizza Pasta shapes Sweetcorn Creamy coleslaw	Brunch Lunch: Farm assured back bacon Scrambled Egg Grilled Tomato Potato rosti & baked beans	Roast turkey with Sage & Onion Stuffing & gravy Creamy mash Medley of seasonal vegetables	Organic meatballs served with tomato and vegetable sauce, Multigrain savoury rice, Carrot batons & broccoli florets	Battered fish fillet (sustainably caught MSC) served with Lemon wedge, Chips & Baked Beans
Veggie option	Crispy Jacket Potato with Vegetarian chilli (mild) Salad selection	Crispy Jacket Potato with Baked Beans & Cheese Salad selection	Crispy Jacket Potato with Baked Beans & Crudites Salad selection	Crispy Jacket Potato with Baked Beans & Cheese Salad selection	Crispy Jacket Potato with Tuna & Sweetcorn mayonnaise Salad selection
Grab bag	Cheese or Tuna roll with vegetable crudites Fruit Cookie/cake	Cheese or Tuna roll with vegetable crudites Fruit Cookie/cake	Cheese or Tuna roll with vegetable crudites Fruit Cookie/cake	Cheese or Tuna roll with vegetable crudites Fruit Cookie/cake	Cheese or Tuna roll with vegetable crudites Fruit Cookie/cake
Dessert	Oaty Cookie or Bramley Apple Puff	Forest Berry Sponge with Custard Sauce or Cheery scone	Strawberry Jelly & Cream or Pasion cake	Vanilla & Lemon Yoghurt Cake or Rice pudding with fruit coulis	Chocolate ice cream with fruit coulis or Cheese & Biscuits

Week 2 Menu – 31st Aug/21st Sept/12th Oct

Meat option	Roast Gammon Potatoes in skins Cauliflower & broccoli florets	Chicken Pie Creamy mash and seasonal vegetables	Farm assured Roast Loin of Pork with apple sauce & gravy Roast potatoes, creamy mash & seasonal vegetables	Margherita Pizza Tomato pasta Vegetable crudites Sweetcorn	Fish burger in a bun served with Crunchy lettuce Chips & baked beans with salad
Veggie option	Crispy Jacket Potato with Baked Beans & Cheese Salad selection	Cheese & Potato Pie Served with baked beans Salad selection	Crispy Jacket Potato with Vegetarian bolognese Salad selection	Crispy Jacket Potato with Tuna & Sweetcorn mayonnaise Salad selection	Crispy Jacket Potato with Baked Beans & Cheese Salad selection
Grab bag	Cheese or Tuna roll with vegetable crudites Fruit Cookie/cake	Cheese or Tuna roll with vegetable crudites Fruit Cookie/cake	Cheese or Tuna roll with vegetable crudites Fruit Cookie/cake	Cheese or Tuna roll with vegetable crudites Fruit Cookie/cake	Cheese or Tuna roll with vegetable crudites Fruit Cookie/cake
Dessert	Orange & cinnamon roll or Lemon drizzle cake	Cherry shortcake or Strawberry whip	Seasonal fruit crumble served with custard sauce or Chocolate Devonshire splits	Cream meringues or Carrot cake	Vanilla Ice cream & fruit coulis or Fresh fruit platter

Week 3 Menu – 7th Sept/28th Sept

Meat option	Organic Pork & vegetable pasty Minted potatoes Broccoli & cauliflower florets	Organic Beef Bolognese Spaghetti Peas Vegetable crudité	Farm assured Roast Chicken and stuffing Potatoes, carrot batons, savoy cabbage & gravy	Farm assured British pork sausages with gravy Creamy potato & parsnip mash, green beans & sweetcorn	Cod or salmon fish fingers (sustainably sourced) served with tomato sauce, chips & peas
Veggie option	Crispy Jacket Potato with Baked Beans & Cheese Salad selection	Vegetarian Pinwheels Half jacket potato Peas Vegetable crudité	Margherita Pizza Herby jacket wedges Carrot batons Salad bar selection	Crispy Jacket Potato with Cheese Crudite Salad selection	Crispy Jacket Potato with Baked Beans & Cheese Salad selection
Grab bag	Cheese or Tuna roll with vegetable crudites Fruit Cookie/cake	Cheese or Tuna roll with vegetable crudites Fruit Cookie/cake	Cheese or Tuna roll with vegetable crudites Fruit Cookie/cake	Cheese or Tuna roll with vegetable crudites Fruit Cookie/cake	Cheese or Tuna roll with vegetable crudites Fruit Cookie/cake
Dessert	Courgette & Lime cake or Butterscotch whip	Chocolate & Pear Sponge with chocolate sauce or Date slice	Strawberry jelly with fresh fruit or Banana flapjack	Bramley apple oaty crumble with custard sauce or Vanilla ice cream with fruit coulis	Jam biscuits or Chocolate & beetroot slice