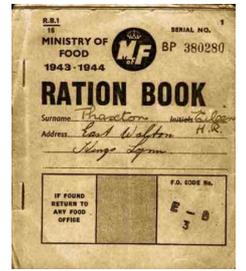


An Idiot's Guide to Rationing



What exactly is Rationing and why do I need to do it?

What foods will be rationed and how much will I be able to buy?

Will anything else apart from food be rationed and if so what?

What is 'Dig for Victory' all about?

When will Rationing end?

Challenge:

Research the idea of 'Make Do and Mend' in WW2.

Write a detailed explanation about what 'Make Do and Mend' was and how it helped the war effort.

Record your ideas under these headings:

- How Make Do and Mend is linked to rationing.
- Why it was necessary.
- What items were rationed and for what reason?
- What tips were given to help people along?

